

The SageMinder[®]

Better outcomes – Peace of mind...

Imagine....

knowing that everything is okay with a loved one – without always having to ask. What if you could know she is taking her medication every day without having to remind her?

Imagine how your loved one would feel to have the convenience of being reminded of these regular activities without feeling like she is losing her independence. Just think what you could talk about instead...

When loved ones begin to need help managing their health, they sometimes find it hard to feel independent and confident. The patented SageMinder[®] system helps maintain dignity and sense of control while providing daily structure to maintain healthy habits.

For you, it offers peace of mind and supportive tools to help you manage the care of your loved one.



Learn More and try it **FREE** at www.SageMinder.com

SageMinder[®] Tools

The SageMinder[®] system prompts loved ones to follow their medication and health management plan. SageMinder[®] tracks their self-reported responses and alerts caregivers if and when they need to intervene. Monitoring and reminder systems, like the SageMinder[®], directly improve health outcomes. The SageMinder[®] extends benefits to family caregivers by performing the important, yet tedious, task of providing reminders to loved ones throughout the day.

How It Works

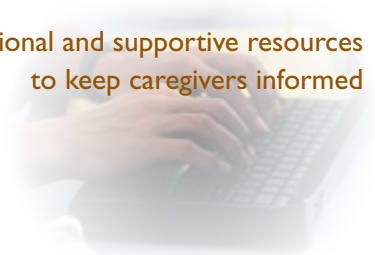
Caregiver Website Caregivers manage the system through the easy to use SageMinder[®] website. They set the schedule for interactive reminders for medications, appointments, and activities of daily living. The website also provides a way for caregivers to set interactive dialogs for specific disease management such as asthma, congestive heart failure, and diabetes.

Interactive Reminders At the scheduled times, care recipients receive phone calls with interactive dialogs to guide them through their health management needs. Through these reminder calls, care recipients enter their medication compliance, self-test results, and symptoms.

Notification When care recipients respond through the phone, SageMinder[®] logs those responses and notifies caregivers as directed. Caregivers can choose two ways to be notified for each reminder. For example, if the person responds that she has lost her medicine, the system can be set up to immediately call the caregiver. If instead, she responds that she has taken her medicine as scheduled, the system can be set up to simply notify the caregiver by email.

Data Log The SageMinder[®] logs all responses and self-reported test results so treatment compliance and health statistics can be charted over time in the data log. Caregivers can access the data log through the website at any time to monitor and track a loved one's progress. This information can then be shared with physicians to accurately reflect what occurs between office visits.

- Online tools that help caregivers provide structure for their loved one's care
- Set reminder schedules and access data log securely and conveniently anytime on the web
- Educational and supportive resources to keep caregivers informed



- Uses a phone – no new equipment required
- Pre-set and Customizable dialogs for: medication reminders, appointments, disease-specific management dialogs, and more
- Daily reminders delivered on time as often as needed

Is SageMinder® *Right For You?*

SageMinder® is for you if during the day you feel - well, quite honestly - overwhelmed that you're going to have to remember to call on a loved one - (who may not feel a need to be checked on)....

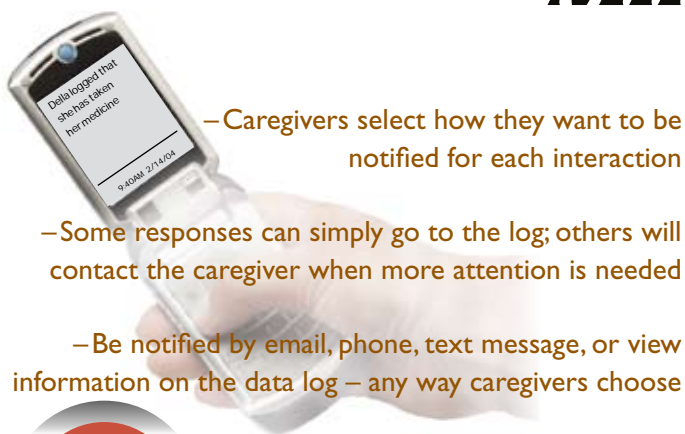
But, you need that peace of mind to make sure that she's taken her medication on time or that she has tested her vitals for her specific chronic condition.

The awkwardness and stress of repeated phone calls and questions like these can strain even the best relationships.

The SageMinder® can take some of that weight off your shoulders. By having SageMinder® do some of these management tasks, loved ones feel more independent and in control of their own care. They have more dignity using a "tool" to gain a sense of mastery over their own health rather than feeling like someone else is in charge.

And you can breathe easy, knowing that if something is wrong, you will be notified. If you are worried about forgetting or being too busy to manage all the tasks, you can rely on SageMinder® to make sure important health-care tasks occur on time. Now when you call your loved one, you can have more meaningful conversations, without having to sneak in a quick uncomfortable question about whether she took her medicine.

The consistency of the SageMinder® to deliver timely structure to the health care regimen is also likely to increase the success of their treatment plan. The SageMinder® strives to provide better health outcomes, peace of mind, and more enjoyable relationships. SageMinder® is for your loved one, for your family, and for you.



-Caregivers select how they want to be notified for each interaction

-Some responses can simply go to the log; others will contact the caregiver when more attention is needed

-Be notified by email, phone, text message, or view information on the data log - any way caregivers choose



- Conveniently records self-reported medication compliance and self-test results

- Detailed trend charts of activity between office visits help the physician give the best care

- Summary reports help track and improve outcomes, notice trends, and validate the effectiveness of treatment plans

Chronic Disease *Management*

Today, we are facing a new era of health care. With baby boomers aging and people living longer, we have growing numbers of seniors managing chronic conditions at home – and a growing need to find better systems to best serve them. Since over 75% of all home care is provided by family caregivers, we must start thinking of new ways to empower people in this role.

The SageMinder[®] is a unique proactive system in the continuum of care that offers three levels of intervention:

- I. Prompts the patient to daily self-management tasks
- II. Provides ongoing response information to the family caregiver for oversight and to take action as needed
- III. Directs escalation to the professional care provider when needed

Two significant chronic care components of the SageMinder[®] are medication reminders and the condition specific protocols.

Medication *Reminders*

Up to 30% of hospitalizations among the elderly can be attributed to medication mismanagement, (CMSA, 2003). One way to reduce this problem is to ensure patients comply with their medication regimen. The SageMinder[®] prompts the care recipient to take medication at the correct times and reinforces the benefits of compliance. When medication is not being taken regularly, the SageMinder[®] interacts to find out why. It provides this information to the caregiver, who can then take action if needed.

Chronic Condition *Specific Protocols*

There are common chronic conditions that require a certain predictable pattern of self-care. For instance, with diabetes, blood sugar tests need to be taken at regular intervals. The SageMinder[®] provides easy-to-use, disease-specific reminder tools. These two-way communication tools allow caregivers to prompt and remind the patient to take vitals and check for other symptoms that require monitoring. The SageMinder[®] may, depending on the person's response, offer suggestions, escalate notification if necessary, and provide educational tips to keep patients informed of their specific condition.



Our Commitment and Offer

Sage Life Technologies is dedicated to enhancing the quality of life for family caregivers and their loved ones.

The Sage Minder[®] system empowers your loved one with structure and dignified self-management tools. It brings you peace of mind.

Find out more and try it FREE at:

www.SageMinder.com

Try it for yourself – **FREE!**



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